



Registration Form

Name

Address

.....

..... DOB

Phone Home

Mobile

Email

Emergency Contact

Name

Phone

Relationship

Signature

Date

Payment weekly buy 8 get 1 free

Narara Valley Baptist Church

www.nvbc.info



Please complete both sides of this form, thank you.



Zumba - Participation Disclaimer

This document is a release of claims. It is a pre-requisite to participation in Zumba. By signing it you acknowledge the following:

- 1) You willingly participate in Zumba at your own risk
- 2) You have no known physical restrictions, disabilities or any predispositions to sickness or injury that may be aggravated or adversely affected as a result of taking part in exercise (*unless written consent is given by your GP in light of the increased risk posed by your disability or sickness)
- 3) You agree that any information, instruction or advice obtained from Zumba trainers may not be used as a substitute for your doctor's advice or treatment
- 4) You take full responsibility for any injury, loss or damage to you that may arise directly or indirectly from your participation in exercise
- 5) You agree to discharge Narara Valley Baptist Church/ CoastHope from any and all responsibilities or liabilities from injury arising directly or indirectly from your participation in Zumba.

I have carefully read and understood all the information above.

Name
(Please print – block letters)

Signature

Date